



# SOCIAL SKILLS GROUPS!

*Activities and Enrichment for Positive Social Growth!*

**Fall Session October 5 - December 17**

We offer groups for...

- Children ages 6-8
- Children ages 9-11
- Preteens & Adolescents!

Topics include...

Conversation skills, making and keeping friends, body language, social cues, problem solving, assertiveness, cooperation, frustration tolerance and anger management, improving self-esteem, and managing stress.

Our social skills program focuses on bringing together small groups of children and teens so that they can learn to interact appropriately with others their own age and practice important life skills. We have a rolling admission policy and accept new applicants all year!

**When: October 5 - December 17**

- The program will run 10 weeks. Groups will meet weekly online and in person based on enrollment and parent feedback.
- Mondays or Thursdays: 5:00pm-6:00pm, 6:15pm-7:15pm, or 7:30pm-8:30pm

**Cost: \$200.00, with a \$25.00 initial intake and processing fee for new enrollees.**  
-Scholarships and payment plans available for families facing financial hardship.

For more information or to sign up for a group, please contact Dana Ellis, LMHC, Licensed Mental Health Counselor at [Dana@nsyc.com](mailto:Dana@nsyc.com).



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